

# Getting It Together By Yourself

Many things can help make you successful in business; a high demand for a unique product or service for starters. In addition, having a good head for business never hurts, unless it becomes too creative, if you know what I mean. Don't forget lady luck; she will always have a hand in success, more so than not. And perhaps, the most important is SELF, self-determination to succeed. Let me explain. Besides you, there are five other selves that contribute to one's success in the business world; I refer to the set as self-determination pentagon.

- **Self-management** is the composite of time, thought, and task management. Your performance, productivity and profitability depend on how well you self-manage your daily personal and business life. In fact, it impacts all others who come in contact with you. This is especially true for those who work with you. One never runs out of time, they just lose it. According to a recent article in Scientific America, many leading scientists propose there is no such thing as time, but I don't have enough time to explain. Direct your thoughts toward good things in life and about people. Don't surround yourself with ugliness.. You'll feel better. Tackle difficult tasks during your peak performance periods. If you are a morning person do important things in the morning. Simply put, just take the time to think about what you are doing or going to do. When you self-manage well, you end up with more unsupervised time.
- **Self-learning** is the continuous process of personal and professional development. It's a fact, every year tens of millions are spent training company employees. However, under no circumstance should you believe your company owes you an education, let alone should pay for it. Regardless of your position, you need to contribute to your own education both in time and money. Use your own nickel once in awhile and your education will mean more to you. Being low on funds is no excuse, since I am giving you three free educational tips. Start reading more, listening better, and observing others more skilled than yourself. Reinvent yourself every day with knowledge, but always remembering that imagination is more important than knowledge.
- **Self-motivating** is important because no one can consistently motivate others, especially over a long period. Self-motivation is intrinsic to one's being, some are better at it than others, but we all can do it. Start by dumping your head-trash, all that accumulated mental garbage that inhibits our ability to accept people who look, act, and speak differently than us. Create a winning mindset that projects a magnetic attitude. Begin your day off with a little Self-PR, which is a powerful personal reinforcement self-talk that prepares you to face the world and go to work. On second thought, if you have to give your self a power talk to go to work, reward yourself with a new job.

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- **Self-sufficient** means you become proficiently skilled in the tasks needed to do your job. Competency fosters confidence. And if you really want to be self-sufficient, learn the basics tasks of the co-workers who impact your performance and vice versus. Start assuming responsibility for solving your own problems both at home and at work. Learn new skills that will serve you well in the future, such as being computer literate and digitally oriented, improving your typing skills, or perhaps, sharpening your interpersonal skills. Finally, teach others to do your job or parts of your job-with or without their knowledge-then delegate.
- **Self-rewarding** as the statement implies is to take it upon yourself to reward you for a job well done. There are people in this world who still take great pride in what they do. Are you one of them? Do you consider a job well done reward in and of itself? Doing your job well is what you are getting paid to do. To me, that is satisfactory performance and doesn't warrant outstanding or role model status. So whether at home or at work, when you do something well give yourself a special treat, perhaps a little Self-PR is in order. You might want to go to a movie, eat at a new restaurant, or give yourself a small gift like a book. After all, you earned it.

Think to yourself and answer the following question. How many SELVES are steering you towards success? If your answer is less than five you may want to get your self more involved with your success.

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